



Renew or Join OLLI at UCLA Today!

Learn, Discover, and Have Fun!

The Osher Lifelong Learning Institute (OLLI) at UCLA provides a unique opportunity for individuals 50+ to be part of an exciting and academic program comprised of courses, lectures, discussion groups, special events, screenings, field trips, and social gatherings—all free of homework, grades, or tests! Courses meet in Westwood and Woodland Hills.

All OLLI Members Enjoy:

- Invitations to unique programs and activities
- Access to award-winning instructors and compelling courses
- Connection with OLLIs across the nation
- Discounts on goods and services in Westwood Village

Membership Options

Your annual membership begins the quarter you join and lasts for one full year. You will be prompted to purchase a membership when you enroll in an OLLI course. You can enroll in courses online, by mail, in-person, or by phone at (310) 825-9971.

OLLI Basic Membership \$50

Basic members enroll at regular course fees.

OLLI Plus Membership \$295

Plus members enroll at significantly reduced course fees.



A membership covers one person and is nonrefundable and not transferable to a family member or friend. Guests must receive permission to attend OLLI classes; call the OLLI office to request a 1-session guest pass at least 24 hours in advance. Auditing is not allowed. UCLA Extension's Senior Citizen Discount does not apply to OLLI courses or OLLI membership. Many OLLI courses have limited enrollment; early enrollment is advised!

Learn More

osher@uclaextension.edu | (310) 825-7093 | osher.uclaextension.edu

Osher Lifelong Learning Institute (OLLI) at UCLA (50+)

A Taste of Osher

These two-hour mini-courses are now open to the public.

GENINT 731.272

Smart Phone Photography

Learn how to use your smart phone to take better photos. Now you can instantly edit (exposure, color correct, crop, etc.) your photos before you send them along. Smart phones are constantly improving the quality of photos. Also, some popular photo apps will be discussed. Many of these apps can transform your photos into works of art.

Reg# 357222

Fee: \$15

❖ Classroom

1 mtg

Saturday, 10am-12pm, Jan. 13

UCLA Extension Woodland Hills:

21650 Oxnard Street

Plus members pay no additional fee for this course.

No visitors permitted. No refund allowed.

Ellen Demsky, award winning, event and portrait photographer in the Los Angeles area. She has taught digital photography for 15 years at the Learning Tree University, Pierce College (Oasis program), and privately.

Reg# 357313

Fee: \$15

❖ Classroom

1 mtg

Saturday, 10am-12pm, Jan. 20

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay no additional fee for this course.

No visitors permitted. No refund allowed.

Ellen Demsky, for credits see page 132.

GENINT 731.285

How Memory Works In the Brain and How to Keep your Memory Working Better, Longer

Can't remember where you parked your car or the name of the person you just met? Do you find yourself at the refrigerator with the door open, but you can't remember what you wanted to eat? Want to improve your memory and keep your memory strong? New insights into understanding memory are providing us with scientifically proven ways to strengthen and maximize our memory. This course explores science-based tricks to remember people's names, where you parked your car, left your keys, and what you wanted in that refrigerator. We discuss simple lifestyle changes and activities that can improve your memory, the impact of modern technology, like cell phones and Google, on your memory, and what is real and what is hype in terms of improving memory with computer programs and brain games.

Reg# 358024

Fee: \$15

❖ Classroom

1 mtg

Saturday, 10am-12pm, Jan. 13

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay no additional fee for this course.

No visitors permitted. No refund allowed.

Marc Milstein, PhD in Biological Chemistry, UCLA

GENINT 711.306

Running For Life

If you have always wanted to try running but were afraid of doing it effectively and efficiently, this is the class for you. Learn about optimum arm swing, posture, foot strike for energy and efficiency and injury prevention; what to do and what to avoid when stretching; shoe selection advice; self-care injury treatments; mental mindsets for maximum benefits; race day strategies and more.

Reg# 357454

Fee: \$15

❖ Classroom

1 mtg

Saturday, 10am-12pm, Jan. 27

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay no additional fee for this course.

No visitors permitted. No refund allowed.

Warren Mullisen, who has completed over 75 marathons starting in 1972. He is an L.A. Marathon Legacy Runner.

GENINT 731.284

An Introduction to the Development and History of Photography

Among the important and revolutionary inventions of the Industrial Revolution was the introduction of photography. It immediately altered the way that people saw the world, and dramatically changed the course of art in Europe and America. This course explores the development and introduction of photography and its impact on the history of art. Beginning with the scientific advancements of Nicéphore Niépce and Louis Daguerre that led to its development, we discuss the struggle for photography to become an art form and the first generation of photographers such as Nadar, Julia Margaret Cameron and Mathew Brady. We also see how painters reacted to the introduction of this new art form.

Reg# 357846

Fee: \$15

❖ Classroom

1 mtg

Saturday, 10am-12pm, Mar. 10

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay no additional fee for this course.

Visitors not permitted. No refund allowed.

Katherine Zoraster, MA, adjunct professor of Art History at Moorpark College, CSU Northridge, and the Los Angeles Academy of Figurative Arts

Courses for Osher Members

To enroll in these courses, you must be age 50+ and a current member of the Osher Lifelong Learning Institute at UCLA. For information on membership options see page 132.

To register, call (310) 825-9971. For more information, call (310) 825-7093 or visit osher.uclaextension.edu.

GENINT 731.277

Coming to Terms with the Holocaust, Part 8: The American Response

Understanding how the United States responded to the Holocaust begins with attitudes to the first Jews who arrived under Dutch governor Peter Stuyvesant in 1654. This course examines America's history of tolerance and anti-Semitism, and how engrained prejudice influenced the response to The Holocaust. We consider the influence of the original white supremacy radio voice, Catholic Father Charles Coughlin, and how America's newspapers reported Nazi atrocities. We explore the role of President Roosevelt, the effective ban of Jewish immigration, and the struggle to create a War Relief Board. Finally, we ask why the great mass of (Christian) Americans turned a blind eye, and whether America's Jews could have done more. Of all our meditations on The Holocaust, the American response may be the most startling and disturbing.

Reg# 357622

Fee: \$125

❖ Classroom

7 mtgs

Monday, 10am-12pm, Jan. 8-Mar. 5

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$37 for this course.

Visitors not permitted. No refund after Jan. 23.

Steve Sohmer, PhD, MA

GENINT 731.282

Japanese Buddhism, Part 1

The philosophies and practices of Japanese Buddhism, propagated from China and Korea a thousand years after the Buddha lived in India, are decidedly not Classical/Mainstream Buddhism. This course includes original Shinto, which contrary to popular belief arises out of early Japanese Buddhism, not the other way around. It then explores Shingon/Esooteric Buddhism and Tendai/Lotus Sutra Buddhism which encompasses the dramatic rift between their respective patriarchs, including Kukai's "theft" of the Saicho's foremost disciple and refusal to share texts or teachings unless Saicho submitted to become Kukai's disciple. Each school developed extreme ascetic Mountain Buddhism practices such as completing 1,000 marathons, a nine-day fire ritual without any food, drink or sleep, fire walking and blade-ladder climbing. We conclude by investigating nascent Zen and the seeding of Pure Land, Nichiren and New Buddhism.

Reg# 357736

Fee: \$115

❖ Classroom

6 mtgs

Monday, 1-3pm, Jan. 8-Feb. 26

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Jan. 23.

Don Parris, JD, lecturer, lifelong student, and teacher of Buddhism; tour leader and guide throughout the Buddhist Himalayas.

GENINT 741.318

The Blues:**How Three Chords Became Rock & Roll**

Rock & roll exists because of the blues. The genre that began with songs sung by slaves on southern plantations became gospel music, the acoustic blues of the Mississippi Delta, the electrified sounds of Chicago, and the rhythm and blues associated with Memphis. When this music became mainstream in the 50s, rock & roll was born, creating careers for artists like Aretha Franklin, The Drifters, and a guy named Elvis. The blues inspired rock groups on both sides of the ocean, the soulful sounds of Motown and Philadelphia, and hip hop/rap music. This class explores this evolution to rock & roll, which produced social change and technological advancement worldwide. Historic recordings are presented, including the Georgia Sea Island Singers recorded by Alan Lomax, Delta blues artists, Chicago blues, and Memphis R&B.

Reg# 357135

❖ Classroom

8 mtgs

Monday, 1-3pm, Jan. 8-Mar. 12

UCLA Extension Woodland Hills:

21650 Oxnard Street

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Jan. 23.

Andrew Muson, the Julliard School of Music; music and marketing consultant.

GENINT 731.286

Jivin' In Bebop: The Modern Jazz Revolution 1945-1950

Bebop burst upon the scene in 1943 when Dizzy Gillespie and Oscar Pettiford appeared at the Onyx Club on 52nd Street in New York. The new music turned the jazz world upside down with its revolutionary approach to melody, harmony and rhythm. It seemingly came out of nowhere but in fact had been developing underground in Harlem at Minton's Playhouse and Monroe's Uptown House with Charlie Parker, Kenny Clarke, Thelonious Monk and others. Independent record companies such as Savoy and Dial began recording the new sounds and soon it was discovered throughout the world. This course explores the roots, birth and development of modern jazz via recordings, rare film footage and memorabilia including the people and places where the music developed.

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Reg# 358328

Fee: \$135

❖ Classroom

8 mtgs

Monday, 6:30-8:30pm, Jan. 8-Mar. 12

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Jan. 23.

Ken Poston, director, L.A. Jazz Institute; jazz historian; record producer

GENINT 731.274

All About Bone

Because of its unique properties, bone supports vertebrate life and then later can reflect Earth's history and human culture. This course begins with a description of bone's composition, structure, names, shapes, and growth patterns. We then discuss fractures and other bone disorders, the medical specialists who treat them, the contributions of pioneering bone doctors, and some of the ingenious treatments available for diseased or missing skeletal segments. The third week ends by reviewing bone imaging techniques and glimpsing into the future. In the final two weeks, we look at the long life of bones as historical markers—how paleontologists, archaeologists, and anthropologists use bones to interpret Earth's history, including the course of animal life on it. We also highlight man's remarkable and varied use of bones to make spiritual items, weapons, implements, amusements, and adornments.

Reg# 357590

Fee: \$105

❖ Classroom

5 mtgs

Tuesday, 1-3pm, Jan. 9-Feb. 6

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$31 for this course. Visitors not permitted. No refund after Jan. 17.

Roy Meals, MD, UCLA Clinical professor of Orthopedics, journal editor, past president of Hand Surgery Society, and book author, including: *100 Orthopedic Conditions Every Doctor Should Understand* and *The Hand Owner's Manual, A Hand Surgeon's 30-Year Collection of Important Information and Fascinating Facts*.

GENINT 731.140

Spanish III for Everyday Life

A continuation of Spanish II, this is an immersion-style course that offers an easy, no stress way to build on what was learned in the first two courses and is great for those with intermediate knowledge of Spanish. After a first session in English, instruction is conducted entirely in Spanish. Discussion centers on current events.

Reg# 357081

Fee: \$135

❖ Classroom

8 mtgs

Tuesday, 1-3pm, Jan. 9-Feb. 27

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$40 for this course. Visitors not permitted. No refund after Jan. 17.

Emilia Chuquin, PhD, Spanish, UNM, Albuquerque

PHYSICS 711.102

Einstein for Everyone

How did a young rebel who seemed doomed to fail become the world's most famous scientist? What do his theories really mean? And how do his discoveries impact our lives through DVDs, GPS, digital cameras, computers, and smarter energy? This course provides an entertaining introduction to Einstein for everyone, even those who fear physics or are allergic to math.

Reg# 357604

Fee: \$115

❖ Classroom

6 mtgs

Tuesday, 1-3pm, Jan. 9-Feb. 13

UCLA Extension Woodland Hills:

21650 Oxnard Street

Plus members pay only \$34 for this course. Visitors not permitted. No refund after Jan. 17.

Robert Piccioni, Caltech graduate; PhD in High-Energy Physics, Stanford University. Dr. Piccioni has taught at

Harvard and UCLA, and was CSUCI/Osher's "Teacher of the Year" in 2010. Dr. Piccioni is a frequent public speaker and the author of three popular science books, which have the highest Amazon ratings in their field.

GENINT 731.278

Surf's Up:**The Life and Times of the Brian Boys**

The Beach Boys, distinguished by their vocal harmonies and early surf songs in the sixties, are one of the most critically acclaimed and widely influential bands of the rock era. This course follows Brian Wilson's increasingly sophisticated songwriting and recording abilities as he led the group from the "California Sound" that reflected a southern California youth culture of surfing, cars, and romance to becoming a band that explored more personal lyrics and multi-layered sounds. We also examine the *Pet Sounds* album, which vaulted the group to the top level of rock innovators and established the band as symbols of the counterculture era, as well as subsequent seventies albums with lyrics that spoke about topics such as the environment, spirituality and civil liberties.

Reg# 357658

Fee: \$105

❖ Classroom

5 mtgs

Tuesday, 10am-12pm, Jan. 16-Feb. 13

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$31 for this course.

Visitors not permitted. No refund after January. 24.

Richie Gallo, music career consultant and president of the Richie Gallo Group. Formerly, Mr. Gallo was senior vice president at One Catalog Group at Rhino Entertainment; executive vice president of Universal Music Enterprises' New Door Records; and senior vice president of catalog sales at Universal.

GENINT 731.291

The Seventies

The 1970s was as dramatic as any decade in American history. America lost its first war, endured two energy crises, and a president resigned following an unprecedented political scandal. Television tackled once taboo subjects, popular music enjoyed a multi-genre explosion and there was a revolution in sexual mores and customs. Serial murder and other violent crime kept the nation on edge; and bombing, hijacking, and hostage-taking introduced the world to the modern face of terrorism. Kirk Saduski, Co-Executive Producer of the CNN documentary series *The Seventies*, presents individual stories of key players—both little-known and renowned—whose involvement in those events shaped the decade that had such a profound impact on America.

Reg# 357750

Fee: \$105

❖ Classroom

5 mtgs

Wednesday, 10am-12pm, Jan. 10-Feb. 7

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$31 for this course.

Visitors not permitted. No refund after Jan. 18.

Kirk Saduski, Emmy-nominated producer and head of nonfiction film and television at Playtone Productions, established by actor Tom Hanks and producer Gary Goetzman. Mr. Saduski was co-producer of *Game Change*, *He Has Seen War*, *John Adams*, *David McCullough: Painting with Words*, and *The Pacific*.

GENINT 731.268

The 6 C's of Food History: Cake, Corn, Coffee, Cheese, Chilies, and Chocolate

A spirited inquiry into the background, context, discovery, invention, and history of six of the most important human food commodities on the planet. Each has a complex, intricate story of its associations with humanity—tales which are often sweetly joyous and loudly celebratory; others that are mired in dark superstition, bloodshed, and war. One of them, for example, corn, considered by some peoples as the ultimate God-given food source, has managed to insinuate itself into nearly all levels of the human food chain, but also into the most unlikely products such as adhesives, soap, linoleum, and even in our cars' gas-tanks. A field trip to a

restaurant chosen by the students is planned in order that they may socialize, interact and network outside of the classroom. No class text; readings from the Internet. The instructor shares his PowerPoint presentations with students to cut down on students' note-taking.

Reg# 357150

Fee: \$115

❖ Classroom

6 mtgs

Wednesday, 1-3pm, Jan. 10-Feb. 14

UCLA Extension Woodland Hills:

21650 Oxnard Street

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Jan. 18.

Carlo Coppola, PhD in Comparative Literature, University of Chicago

GENINT 731.273

Public Policy in the Real World

Public policy is defined as the principles on which our social laws and governing framework are based. In an ideal world, proposed policies affecting our social and economic circumstances are developed with evidence and sobriety under the scrutiny of the public eye. However, this is seldom reality. This course examines the fundamentals of policymaking, why certain laws and regulations succeed while others do not, and the inherent relationship between public policy and politics. Class lectures and discussions include a review of local and international case studies throughout modern history, ranging from the Spanish flu to the invasion of Iraq. Learn policymaking 101 and be able to better identify the metrics of political success.

Reg# 357563

Fee: \$115

❖ Classroom

6 mtgs

Wednesday, 6:30-8:30pm, Jan. 10-Feb. 14

UCLA Extension Gayley Center:

1145 Gayley Ave.

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Jan. 18.

Cameron Bard, renewable energy expert and former policymaker from the state of New York. Previously, he served as the Chief of Staff to New York State's energy czar, Richard Kauffman, in the office of Governor Andrew M. Cuomo. He currently works in the solar industry and is an adjunct instructor at New York University.

GENINT 731.270

Food History in Eight Tasty Bites

A spirited inquiry into major events and incidents in food history, starting with the diets and foods of the ancient world (the Middle East, Greece, and Rome), Christopher Columbus and New World foods, great cookbook authors and chefs (the Roman Apicius, Antonin Carême, Auguste Escoffier, etc.), important foods (sugar and cake), and strange foods with strange names (singing hinnies and priest-stranglers). As there is no single text that covers these topics, readings will be drawn from the Internet. Of special note is the lecture on Feb. 15, "What Presidents Ate/Eat," presented to honor upcoming Presidents' Day on Feb. 19, when no classes are held at UCLA. On that day, a field trip to a restaurant of the students' choice is planned, if possible, one that serves Peanut Soup, George Washington's favorite. This field trip is designed to present students with an out-of-classroom, complementary learning experience along with an opportunity to meet, socialize and network in a leisurely setting. The instructor shares his PowerPoint presentations with students in an attempt to cut down on students' note-taking.

Reg# 357164

Fee: \$135

❖ Classroom

8 mtgs

Thursday, 10am-12pm, Jan. 11-Mar. 1

UCLA Extension 1010 Westwood:

1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Jan. 19.

Carlo Coppola, PhD in Comparative Literature, University of Chicago

GENINT 731.256

Two Centuries of American Art: 1776 to 1976

This course explores the uniquely American art form that emerged out of the British style and traces its development during the burgeoning nation's first two centuries. Our exploration begins with the Hudson River School, a mid-19th century movement of landscape painters influenced by Romanticism, and briefly leads up to the pinnacle moment of the 1913 American Armory Show that marked the dawn of Modernism in America. Other highlights include the Ashcan artists best known for works portraying scenes of daily life at the beginning of the 20th century in New York—often in the city's poorer neighborhoods; American Regionalism of the 1930s which depicted realistic scenes of rural and small towns mostly in the Midwest and Deep South; the WPA's Federal Art Project which employed more than 5,300 artists; and the inimitable developments of Abstract Expressionism and Pop Art.

Reg# 357781**Fee: \$115**

- ❖ *Classroom*
6 mtgs
Thursday, 1-3pm, Jan. 11-Feb. 15
UCLA Extension Lindbrook Center:
10920 Lindbrook Dr.

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Jan. 19.

Katherine Zoraster, MA, adjunct professor of Art History at Moorpark College, CSU Northridge, and the Los Angeles Academy of Figurative Arts

GENINT 731.132

On the Couch: Understanding Mental Illness

This course examines three types of mental illnesses: mood disorders, post-traumatic stress disorders, and anxiety; as well as issues of dementia, including Alzheimer's. Instruction emphasizes current treatments and ways in which the senior population can manage these disorders.

Reg# 357564**Fee: \$100**

- ❖ *Classroom*
4 mtgs
Thursday, 1-3pm, Jan. 11-Feb. 1
UCLA Extension Woodland Hills:
21650 Oxnard Street

Plus members pay only \$30 for this course. Visitors not permitted. No refund after Jan. 19.

John Snibbe, PhD, retired program head, Psychiatric Mobile Response Team Operations, L.A. County Department of Mental Health

GENINT 731.269

Unfaithful: Infidelity in the Movies

The subject of betrayal has been a hotbed resource for movies, its violent emotions, dramatic disruptions, and lustful sexuality an irresistible lure for filmmakers and audiences alike. We examine the psychological and sociological terrain of adultery in six sensational films that shed light on its hot-fudge-sundae allure as well as its often calamitous ending: *Falling in Love*, *Fatal Attraction*, *Damage*, *Unfaithful*, *Little Children*, and *Notes on a Scandal*.

Reg# 357152**Fee: \$130**

- ❖ *Classroom*
6 mtgs
Friday, 1-3:30pm, Jan. 12-Feb. 16
UCLA Extension Bldg.: 10995 Le Conte Ave.

Plus members pay only \$39 for this course.

Visitors not permitted. No refund after Jan. 22.

Brandon French, PhD, fiction writer whose short stories have appeared in *Calliope*, *Riverlit*, *The Nassau Review*, *Thrice Fiction*, *The Avalon Literary Review*, *Bete Noir*, *The Anterior Review*, and *Constellations*, among others.

GENINT 731.283

Henry James

Henry James was one of the key figures of trans-Atlantic literature in the late nineteenth and the early twentieth century. His fiction juxtaposes Old World characters who are beautiful, corrupt, and alluring with New World characters who are brash and open, yet nonetheless display the virtues of freedom and an evolved moral nature. Throughout his work, James explores issues of perception, consciousness, and the intimacies of power. He has always been prized for his psychological realism, his masterfully subtle, irresistible wit, and his assured command of the language. In addition to key short stories, we read *The Golden Bowl* (1904), James' last completed novel.

Reg# 357784**Fee: \$135**

- ❖ *Classroom*
8 mtgs
Sunday, 12-2pm, Jan. 21 & 28;
Feb. 4, 11 & 25; Mar. 4, 18 & 25
UCLA Extension 1010 Westwood:
1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Jan. 29.

Leonard Koff, PhD, UC Berkeley; associate, UCLA Center for Medieval and Renaissance Studies.

POL SCI 747

Beyond the Headlines

Culled from today's headlines, this speaker series offers in-depth analysis of significant contemporary issues. Each week, an expert from the political, social, and economic spectrum focuses on a major global, national, or local issue, thus highlighting the most striking and pertinent news today.

Reg# 355540**Fee: \$165**

- ❖ *Classroom*
8 mtgs
Wednesday, 10:30am-12pm, Jan. 24-Mar. 14
UCLA Extension Lindbrook Center:
10920 Lindbrook Dr.

\$165 for both OLLI Basic and Plus members.

Enrollment limited; enrollment prior to the first class required. Visitors not permitted except by permission.

Maxwell Epstein, dean emeritus, International Students and Scholars, UCLA

Reg# 358430**Fee: \$165**

- ❖ *Classroom*
8 mtgs
Wednesday, 1:30-3pm, Jan. 24-Mar. 14
UCLA Extension Lindbrook Center:
10920 Lindbrook Dr.

\$165 for both OLLI Basic and Plus members.

Enrollment limited; enrollment prior to the first class required. Visitors not permitted except by permission.

Maxwell Epstein, dean emeritus, International Students and Scholars, UCLA

GENINT 711.262

Beethoven

Ludwig van Beethoven not only left his mark on all subsequent composers but shaped the way many societies have thought about music. This course draws connections between Beethoven's works and a variety of personal and cultural issues, including an emergent Romantic sensibility, the growth of nationalist ideals, his personal crises of religion, and the significance of his deafness and other life experiences, both for his music and its reception.

Reg# 357451**Fee: \$135**

- ❖ *Classroom*
8 mtgs
Friday, 10am-12pm, Feb. 2-Mar. 23
UCLA Extension 1010 Westwood:
1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Feb. 12.

Ryan Rowen, PhD in Musicology; lecturer in Musicology, UCLA and Chapman University.

GENINT 721.491

Cosmology, Astronomy, and Space Exploration in the News

The cosmos are alive! The universe is expanding and the rate of the expansion is speeding up. What's causing the acceleration? Did the Big Bang really go "bang"? What are multi-verses? Do we have proof of planets orbiting stars other than the sun? Due to advances in technology, the basics of what we thought we knew about the birth of the universe, the Milky Way Galaxy, our solar system, and the possibility of sending humans to Mars, is evolving almost daily. This class is designed to review what we know now, and what we hope to find out, by discussing the latest cosmic discoveries and space news. The final class meets at Griffith Observatory for a cosmic review.

Reg# 357486**Fee: \$135**

- ❖ *Classroom*
8 mtgs
Wednesday, 1-3pm, Feb. 7-Mar. 21
UCLA Extension 1010 Westwood:
1010 Westwood Blvd.
Wednesday, 1:45-3:45pm, Mar. 28
Los Angeles: Griffith Park Observatory

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Feb. 15.

Shelley R. Bonus, award-winning writer, astronomical historian and lecturer; content creator for the Caltech Infrared Astronomy website, CoolCosmos and currently telescope coordinator for the Mt. Wilson Observatory.

GENINT 731.276

Shakespeare for Beginners and Experts, Part IV

William Shakespeare is widely regarded as the greatest author of plays and poems in the English language. What is not widely recognized is that he was a free-thinking, skeptical radical, decades if not centuries ahead of his time. He wrote for two audiences: one was playgoers eager for diversion and entertainment; the other were those thoughtful 'wiser sort' who, like many of us, were deeply concerned with the political, cultural, religious and social questions of the day. Shakespeare had a lot to say to both audiences which, in good part, accounts for his timeless popularity. In this course, we read five of his greatest plays, and discuss and understand them as well-informed lovers of the theater and poetry. But we also sift his writings for the provocative ideas—radical and rebellious ideas—that fired the imagination of the 'wiser sort' in Shakespeare's time and now. We read and discuss the following plays: *Comedy of Errors*, *Cymbeline*, *Troilus and Cressida*, *Romeo and Juliet*, and *Othello*.

Reg# 357615**Fee: \$115**

- ❖ *Classroom*
6 mtgs
Tuesday, 10am-12pm, Feb. 20-Mar. 27
UCLA Extension 1010 Westwood:
1010 Westwood Blvd.

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Feb. 28.

Steve Sohmer, PhD, MA

GENINT 731.196

A Permanent Feast: The Paris Experience and American Culture

For many Americans, Paris has always been a magical place, and its allure has been especially strong for those in the creative arts. This course traces the evolution of Paris's role as educator, muse, safe harbor, and incubator of genius in the lives and works of many of America's greatest cultural figures.

Reg# 357397**Fee: \$105**

- ❖ *Classroom*
5 mtgs
Tuesday, 1-3pm, Feb. 20-Mar. 20
UCLA Extension Woodland Hills:
21650 Oxnard Street

Plus members pay only \$31 for this course.

Visitors not permitted. No refund after Feb. 28.

Mort Kamins, attorney and freelance writer who has written extensively on American cultural history, contemporary literature, jazz, classical music, sports, business, and law, including articles for *Esquire*, *Sports Illustrated*, *Billboard*, *Los Angeles*, *Texas Monthly*, *Writer's Digest*, and *Los Angeles Times*, among others.

GENINT 721.472

Art of the Renaissance

The Renaissance in Europe was a remarkable time period of intellectual, political, and cultural development. From 1300 to 1580, humanist ideology set the framework for the developments of both the Italian and Northern Renaissance. This course explores the changing role of the artist and their resulting masterpieces within the context of style, iconography, patronage, social context, and the revival of classical antiquity; and highlights the works of Giotto, Masaccio, Donatello, Botticelli, Leonardo da Vinci, Michelangelo, Raphael, Titian, Jan van Eyck, Albrecht Durer, Hieronymus Bosch, Pieter Bruegel the Elder, and others.

Reg# 357782**Fee: \$115**

- ❖ *Classroom*
6 mtgs
Wednesday, 1-3pm, Feb. 21-Mar. 28
UCLA Extension Woodland Hills:
21650 Oxnard Street

Plus members pay only \$34 for this course.

Visitors not permitted. No refund after Mar. 1.

Katherine Zoraster, MA, adjunct professor of Art History at Moorpark College, CSU Northridge, and the Los Angeles Academy of Figurative Arts

GENINT 721.228

On the Couch: Understanding Mental Illness, Part II

This course examines four types of mental illnesses: eating disorders, schizophrenia, personality disorders, and suicide including a review of suicide attempters, completers, prediction, as well as an assessment of suicidal lethality. Emphasis will be placed on current treatments and ways in which the senior population can manage these problems either personally or involving a loved one.

Reg# 357568**Fee: \$100**

- ❖ *Classroom*
4 mtgs
Thursday, 1-3pm, Feb. 22-Mar. 15
UCLA Extension Woodland Hills:
21650 Oxnard Street

Plus members pay only \$30 for this course.

Visitors not permitted. No refund after Mar. 2.

John Snibbe, PhD, retired program head, Psychiatric Mobile Response Team Operations, L.A. County Department of Mental Health

GENINT 731.279

The Wonderful World of Gilbert and Sullivan

Those who lived in Victorian England had to deal with rigid rules of conduct and a class structure that rigorously prescribed each person's station in life. Out of this structure came two men who turned London society upside-down and almost immediately became international successes. Gilbert and Sullivan first collaborated in 1871 and went on to write 14 operettas that satirized British society and lambasted the pomposity of the rich and famous. In this course, we examine the relationship between these two men, watch videos that bring Gilbert and Sullivan's works to life, and mostly enjoy Gilbert's witty and satirical lyrics while falling in love with the music of Arthur Sullivan.

Reg# 357704**Fee: \$105**

- ❖ *Classroom*
5 mtgs
Thursday, 1-3pm, Mar. 1-29
UCLA Extension 1010 Westwood:
1010 Westwood Blvd.

Plus members pay only \$31 for this course.

Visitors not permitted. No refund after Mar. 9.

Art Kress, MS, former theatre manager at Philadelphia's Playhouse in the Park; produced and directed multiple shows in Southern California, organized a national playwriting competition with Ed Asner, Gene Nelson, and Norman Panama as judges. Former SMPTE and ATAS member.

GENINT 721.534

The Taste of Dark Chocolate

There is candy, and then there is artisanal, hand-crafted chocolate. This course looks at the methods and selection process of craft bean to bar companies in contrast to mass manufacturers. We learn how fermenting and roasting (or not) affect the final product and how to read the back of the bar wrapping. Tasting is done horizontally with a variety of American and international producers. A bean to bar maker will speak via Skype for a Q and A.

Reg# 357485**Fee: \$85**

- ❖ *Classroom*
- 2 mtgs
- Monday, 1-3pm, Mar. 19-26
- UCLA Extension Woodland Hills:
- 21650 Oxnard Street

Plus members pay only \$25 for this course.

Visitors not permitted. No refund after Mar. 20.

Lee Scott Theisen, PhD, American History, Latin American History and Art, University of Arizona

Discussion Groups

GENINT 741.268

High-Level Spanish Conversation

This conversation course is a continuation of our previous Literary Spanish course and is for those who want to continue improving their oral Spanish skills. Using authentic sources from Latin America, students learn to speak Spanish through interpretation, imagination and critical reading. You will read and re-tell stories in small groups and in class with improved vocabulary, pronunciation, and idiomatic expressions.

Reg# 357578**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Tuesday, 10am-12pm, Jan. 9-Feb. 27
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 17.

Emilia Chuquin, PhD, Spanish, UNM, Albuquerque

GENINT 731.200

Intermediate French Conversation

Designed for students who have taken a year or more of French, this class prepares you to have a conversation with native speakers of French. Real-life dialogues include engaging topics such as meeting people, making plans, discussing leisure activities, and just having fun.

Reg# 357137**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Tuesday, 6:30-8:30pm, Jan. 9-Feb. 27
- UCLA Extension Gayley Center:
- 1145 Gayley Ave.

Plus members pay only \$40 for this course.

Visitors not permitted. No refund after Jan. 17.

Ruth Anne Gooley, PhD in French and Francophone Studies, UCLA

GENINT 711.229

Current Events: Understanding Our World

This discussion group focuses on the news of the week. Participants share articles and opinions that pertain to what's happening both in the United States and internationally and particularly to introduce diverse views. Many of the pundits we analyze write for *The New York Times*, the *Wall Street Journal*, the *Washington Post*, and the *Los Angeles Times*. These include such political writers as David Brooks, Thomas Friedman, Paul Krugman, Ross Douthat, Fareed Zakaria, John Bolton, Fouad Ajami, Maureen Dowd, and many more that the class may wish to cover. You also examine such magazines as *The New Yorker*, *The Atlantic*, *The New Republic*, and other journals that give in-depth coverage of current topics. This is your chance to listen and to be heard on the events of the day.

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Reg# 357355**Fee: \$80**

- ❖ *Classroom*
- 7 mtgs
- Thursday, 10am-12pm, Jan. 11-Feb. 22
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 19.

Myrna Hant, PhD, research scholar, Center for the Study of Women, UCLA, who has researched popular culture and mature adults in the media

GENINT 731.263

Social and Moral Dilemmas in Film

Great films not only entertain, but aren't afraid to ask timeless questions. We view an eclectic mix of seven great films that, besides their intrinsic merit, reveal specific social and moral issues that are not easily solved and still vex us today: *M (1931)*, *Make Way for Tomorrow (1937)*, *Angels with Dirty Faces (1938)*, *The Hook (1963)*, *House of Sand and Fog (2003)*, *Force Majeure (2014)*, and *Eye in the Sky (2015)*. After a very brief introduction, we view each film and then discuss our own answers to the questions posed by the film, as well as our opinions as to each film's artistic merit.

Reg# 357351**Fee: \$80**

- ❖ *Classroom*
- 7 mtgs
- Tuesday, 1-3:30pm, Jan. 16-Feb. 27
- UCLA Extension Bldg.: 10995 Le Conte Ave.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 24.

Mark Richman, MM in Piano, Juilliard School of Music; prize-winning concert pianist; member of the artist-faculty of Junior Chamber Music, artist-teacher at the Yamaha School of Music in Diamond Bar; formerly visiting lecturer in music at UCLA.

GENINT 721.502

Supermetaphysics

Dante wrote, "What I have to tell you has never been reported by a single voice before, never inscribed by any ink, never conceived by the human imagination." In its own way, this can be said of supermetaphysics. It is the latest notion with great minds like Hans Kung, Roger Haight, and Joseph McAlary among others now considering it. In this class, we center in specifically on supermetaphysics, and not only travel the thinking dared in it, but see it in contrast to "mere" metaphysics. Be prepared to go where no one has gone before in this thinking journey and bring your thinking caps.

Reg# 357385**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Wednesday, 1-3pm, Jan. 17-Mar. 7
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Visitors not permitted. Enrollment limited. No refund after Jan. 25.

Vincent Coppola, PhD in Philosophy, Pontifical Gregorian University; MFA in Film and Theater Arts, UCLA.

GENINT 721.801

Real Life Spanish Conversation I

Building upon skills learned in our OLLI Spanish courses, this Spanish conversation course allows members to practice their fluency with other members under an instructor's guidance. The course emphasizes understanding each other in real time using everyday events. Participation is absolutely mandatory!

Reg# 357353**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Thursday, 10am-12pm, Jan. 18-Mar. 8
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course. Enrollment limited. Visitors not permitted. No refund after Jan. 26.

Amparo Vanni, accomplished Spanish interpreter for government, business, and entertainment sectors

GENINT 741.250

Real Life Spanish Conversation II

This Spanish conversation course builds upon what was learned in the first Real Life Spanish Conversation course. The emphasis is on practicing the language in a relaxed and enjoyable atmosphere. Students use their knowledge of the language in conversations initiated by themselves about general topics under the instructor's supervision.

Reg# 357354**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Thursday, 1-3pm, Jan. 18-Mar. 8
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 26.

Amparo Vanni, accomplished Spanish interpreter for government, business, and entertainment sectors

GENINT 731.266

Poetry Without Fear

Lyric poetry is like boot camp for writers. It demands the most precision, the most compression, and the most evocative use of language of all the various literary endeavors. And at its best it is as seductive as love, as assaultive as war, and as satisfying as a great meal. Our poems come from a single anthology *The Rag and Bone Shop of the Heart*, a wide-ranging and comprehensive compendium available in paperback, featuring poets like Emily Dickinson, William Carlos Williams, Robert Frost, William Butler Yeats, Wallace Stevens, Langston Hughes, Theodore Roethke, and yes, Bob Dylan, the recent Nobel Prize winner. "Let us go then, you and I," T. S. Eliot writes in *The Love Song of J. Alfred Prufrock* ... "like a patient etherized on a table." In other words, fearlessly.

Reg# 357373**Fee: \$80**

- ❖ *Classroom*
- 6 mtgs
- Friday, 10am-12pm, Jan. 19-Feb. 23
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. No refund after Jan. 29.

Brandon French, PhD, fiction writer whose short stories have appeared in *Calliope*, *Riverlit*, *The Nassau Review*, *Thrice Fiction*, *The Avalon Literary Review*, *Bete Noir*, *The Anterior Review*, and *Constellations*, among others.

GENINT 711.301

Shakespeare the Philosopher

Shakespeare captured the human condition as no one else ever did, and as such was both poet and philosopher. We see this when we look at three of his wonderful works, *Romeo and Juliet*, *Othello*, and *Macbeth*. And if there is time, *Julius Caesar*. It is as no other Shakespeare course except the first one. Courage!

Reg# 357357**Fee: \$80**

- ❖ *Classroom*
- 5 mtgs
- Friday, 1-4pm, Jan. 19-Feb. 16
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course. Enrollment limited. No refund after Jan. 29.

Vincent Coppola, PhD in Philosophy, Pontifical Gregorian University; MFA in Film and Theater Arts, UCLA.

GENINT 711.250

Intermediate Chess

Chess is one of the most popular strategy games in the world! This class will work as a workshop and it's best suited for anyone who knows the very basics (rules and moves). A quick refresher will be given if necessary, but some very basic knowledge of the rules will certainly help. From there, we will expand on various fun chess topics that include but are not limited to, strategies, openings, endgames, puzzles, exercises, and many others. We will also dedicate at least an hour every week to gameplay where you will be paired with people of similar skill. You are more than welcome to retake the class multiple times.

Reg# 357325**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Monday, 10am-12pm, Jan. 22-Mar. 19
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 30.

Duncan Palamourdas, PhD, Mathematical Logic, UCLA

GENINT 712

Ways of Looking at Contemporary Art

This salon opens the door to enhancing experiences with contemporary art. We take field trips to local museums while sharing conversations around the table considering themes such as the artist's use of materials, the time and place of the artist's activity, perception of two and three dimensional pieces, the figure, abstraction and performance. By the end of the course you will be able to understand and express the ideas of contemporary art.

Reg# 357326**Fee: \$80**

- ❖ *Classroom*
- 8 mtgs
- Tuesday, 1-3pm, Jan. 23-Mar. 13
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 31.

Deborah Cohen, MA in Culture and Performance, UCLA; PhD in Culture and Performance, UCLA.

GENINT 741.383

The Israeli-Palestinian Conflict Through Film

In this course, we view significant movies about the Middle East to explore the historical, social and political issues at stake in the region. From epic dramas like *Exodus* to award winning documentaries like *Waltz with Bashir*, we examine how films have both shaped and reflected the multiplicities of stories about Israel and the Palestinian Territories. Every film opens up a window into a part of the world that is fraught with conflict and helps us better imagine how peace in the region may come about. Each session begins with a brief introduction to the film before the screening, followed by lively discussion. Suggested reading is *Side by Side: Parallel Histories of Israel-Palestine*, edited by Sami Adwan, Dan Bar-On, and Eyal Naveh.

Reg# 357366**Fee: \$80**

- ❖ *Classroom*
- 5 mtgs
- Tuesday, 1-4pm, Feb. 6-Mar. 6
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Visitors not permitted. Enrollment limited. No refund after Feb. 14.

Wendy Dozoretz, PhD, Cinema Studies, NYU

 ONLINE COURSE, page 4.

 HYBRID COURSE, page 4.

 WEB-ENHANCED COURSE, page 4.

 ON-GROUND COURSE, page 4.

 TEXTBOOK REQUIRED

 UC CREDIT, page 5.

Creativity & Movement

GENINT 731.290

Reading And Acting Shakespeare's Hamlet

The ideal group for those who love acting, theatre, language, and Shakespeare. Each week, we read aloud and discuss one act from the play, then look at selected scenes and speeches from an actor's perspective (scripts in hand, no memorization required). We explore the different ways that Shakespeare's language helps us bring his extraordinary characters to life. All are welcome, no prior acting experience required, only a desire to passionately engage with the greatest dramatist of all time. Please bring a copy of the play to our first meeting.

Reg# 357597

Free for Osher members

- ❖ *Classroom*
- 7 mtgs
- Tuesday, 10am-12pm, Jan. 9-Feb. 20
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Enrollment limited. Visitors not permitted. No refund after second class.

Steven Moore, MA in Drama

GENINT 731.131

Writing That Changes Lives

Throughout the country we are finding our interests lie in the legacies of ourselves and our families. Acknowledge the contributions you have made to your family, community, and society through this discussion group where you learn the fundamentals of writing in a spontaneous and easy style. Come discover the creative potential that dwells in all of us.

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Reg# 357987

Fee: \$80

- ❖ *Classroom*
- 6 mtgs
- Tuesday, 10am-12pm, Jan. 16-Feb. 20
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members only pay \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Jan. 24.

Katya Williamson, MFA in Creative Writing; author, *Bringing the Soul Back Home*.

GENINT 741.303

Gentle Yoga

A gentle and slow approach to a meditative flowing Hatha yoga class. Mindful stretches are designed to make you feel good in your body, connect with your soul, and create space for more openness and well-being. Mats are required unless participants elect to use a chair instead of a mat.

Reg# 358532

Fee: \$80

- ❖ *Classroom*
- 10 mtgs
- Thursday, 6:30-8pm, Jan. 18-Mar. 22
- UCLA Extension Gayley Center:
- 1145 Gayley Ave.

Plus members pay only \$40 for this course.

Mats are required unless participants elect to use a chair instead of a mat. Participants are also required to sign a waiver form which will be provided.

Visitors not permitted. No refund after Jan. 19.

Mona Wells, Hatha yoga teacher in Los Angeles and New York for more than 15 years.

GENINT 741.600

Tai Chi:

The Art of Effortless Movement

Recent research shows that Tai Chi offers many health benefits, especially for seniors. These benefits accrue from living and moving in accord with Tai Chi principles. In this class, we explore the ways in which these principles may positively impact our daily lives and learn to embody them through a short Tai Chi form. Through understanding the orienting contexts of relaxation, energy, tensegrity, and awareness, we explore how these principles may transform and integrate spirit, mind, inner being, and the body. By applying these principles, we may alleviate stress, develop peace of mind, encourage emotional well-being, and increase our energy, as well as enhance bodily strength, balance, and efficiency.

Reg# 357356

Fee: \$80

- ❖ *Classroom*
- 8 mtgs
- Wednesday, 1-3pm, Jan. 24-Mar. 14
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Feb. 1.

Bob Tajima, who has practiced at Zen Center of Santa Cruz in the 1970s and has been studying Tai Chi in Los Angeles—and around the world—since the 1980s.

GENINT 741.287

Life Stories Worth Telling

As we travel our life's path, our stories are the most precious gifts we can pass on. In this course you write your stories, then share them—the good, the bad, the happy, the sad, even the salacious! Come tell us about the one that got away or the date that went wrong, the love of your life or the dream deferred.

Reg# 357368

Fee: \$80

- ❖ *Classroom*
- 8 mtgs
- Wednesday, 10am-12pm, Feb. 7-Mar. 28
- UCLA Extension 1010 Westwood:
- 1010 Westwood Blvd.

Plus members pay only \$40 for this course.

Enrollment limited. Visitors not permitted. No refund after Feb. 15.

Shelley R. Bonus, award winning writer, astronomical historian and lecturer; content creator for the Caltech Infrared Astronomy website, CoolCosmos and currently telescope coordinator for the Mt. Wilson Observatory.